Clear evidence of an association between wildfire smoke and respiratory health

- Asthma exacerbations significantly associated with higher wildfire smoke in nearly every study
- Exacerbations of chronic obstructive pulmonary disease (COPD) significantly associated with higher wildfire smoke in most studies
- Growing evidence of a link between wildfire smoke and respiratory infections (pneumonia, bronchitis)



Fine Particles in Wildfire Smoke and Pediatric Respiratory Health in California

Rosana Aguilera, PhD,^a Thomas Corringham, PhD,^a Alexander Gershunov, PhD,^a Sydney Leibel, MD,^{bc} Tarik Benmarhnia, PhD^{ad}



- Examined the associations between wildfire-specific $PM_{2.5}$ and pediatric respiratory health during 2011–2017 in San Diego County and compared the results with other sources of $PM_{2.5}$.
- A 10 µg/m³ increase in PM_{2.5} (from nonsmoke sources) was associated with a 3.7% increase in ED and urgent care visits (95% CI: 1.2%-6.1%) while PM_{2.5} from wildfire smoke was associated with a 30% (26.6%-33.4%) increase in visits.

Pediatrics. 2021;147(4):e2020027128

CORONAVIRUS

Excess of COVID-19 cases and deaths due to fine particulate matter exposure during the 2020 wildfires in the United States

Xiaodan Zhou^{1†}, Kevin Josey^{2†}, Leila Kamareddine², Miah C. Caine³, Tianjia Liu⁴, Loretta J. Mickley³, Matthew Cooper⁵, Francesca Dominici^{2,6}*



Fig. 1. Maps of the 92 counties included in the analysis. The color code denotes the percentage of wildfire days during the study period (15 March to 16 December 2020). Counties in gray were excluded from the analysis. The percentage of wildfire days ranges from 3 to 29%.

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Wildfire-PM_{2.5} Increases Heart Attack & Stroke

- Wildfire-PM_{2.5} associated with heart attacks and strokes for all adults, particularly for those over 65 years old
- Increase in risk the day after exposure:
 - All cardiovascular, 12%
 - Heart attack, 42%
 - Heart failure, 16%
 - Stroke, 22%
 - All respiratory causes, 18%
 - Abnormal heart rhythm, 24% (on the same day as exposure)

All Cardiovascular Causes



Wettstein Z, Hoshiko S, Cascio WE, Rappold AG et al. JAHA April 11, 2018

Slide credit: Wayne Cascio

Wildland Firefighter Health Effects

- Cross-shift changes in lung function, urinary biomarkers of exposure, and blood biomarkers of inflammation
- Pre-post season changes in lung function, airway responsiveness, and airway inflammation
- Do the fire season-associated changes persist?





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journal homepage: www.elsevier.com/locate/envres

Wildland firefighter smoke exposure and risk of lung cancer and cardiovascular disease mortality

Kathleen M. Navarro^a, Michael T. Kleinman^b, Chris E. Mackay^c, Timothy E. Reinhardt^d, John R. Balmes^e, George A. Broyles^f, Roger D. Ottmar^g, Luke P. Naher^h, Joseph W. Domitrovich^{i,*}

- Estimated the daily dose of wildfire smoke PM_{2.5}
- The daily dose for firefighters working 98 days per year of PM_{2.5} ranged from 0.30 mg to 1.49 mg
- For career durations (5–25 years), wildland firefighters had an estimated increased risk of lung CA (8 percent to 43 percent) and CVD (16 percent to 30 percent) mortality

Environ Res 2019;173:462-468